



Personal, Social, Health and Economic Education (PSHEE)

Topics for Study 2019/2020

Many topics will be revisited, with age-appropriate approaches. Topics will be accorded different weighting through necessity and teachers are encouraged to address issues which have arisen, or which might arise, both in the school and where relevant, in the public domain.

Prep - PSHEE

Year 3

Respecting oneself and others
Everyone is different
What makes a good/bad friend
Personal safety
The importance of exercise
Hygiene
Healthy foods
Self-assessment – personal goals
Bullying

Year 5

Health and Wellbeing; Self Awareness/Reflection
Relationships; Friendships (inc. on-line relationships)
Living in the Wider World; Citizenship/Community (inc. British Value and Penpal exchange)
Health and Wellbeing;
- First Aid basics
- Puberty

Year 4

The School Code of Conduct
What makes a good/bad friend
Balanced diets
The importance of exercise
Common illnesses
Dental care
Safe use of medicines and household products
Appropriate touching
First Aid basics
Puberty
Self-assessment – personal goals
Bullying

Year 6

The School Code of Conduct
The Six Cs
Global warming – 'my carbon footprint'
Personal and Internet safety
Health and Wellbeing; Introduction to Mental Health
Living in the wider World – Pay it Forward (Charities)
Health and Wellbeing – Nutrition
Relationships – Family
Health and Wellbeing – Puberty

Year 7

Reviewing progress – attitude and behaviour
Internet safety
You and your feelings – anxieties and worries
Compassion
You and the law – children’s rights
Health and Wellbeing - Mental Health Part 2
Living in the Wider World: Homelessness and mental health/addiction
Living the Wider World: Media Literacy
Living in the Wider World: Environmental Issues
Relationships: Romantic

Year 8

The School Code of Conduct
Internet safety
You and your feelings – self-esteem and confidence
Taking responsibility
Money – budgeting and saving
Healthy eating: diet and eating disorders
You and your body – eating and exercise

Alcohol/Tobacco/Drugs
Careers
Bereavement
Senior School : what to expect
Drowning in Plastic & Carbon footprint
First Aid
Living in the Wider World/Health and Wellbeing –
Research Project
Current Events

Document Review History

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